



LANAMICHÉ

Love your skin

Lanamiché

14/16 Little Stonegate
York YO1 8AX

Tel: 01904 659965

Email: lanamiche@btconnect.com

www.lanamiche.co.uk

Established 1989

Members of the Healthcare Commission



St Tropez
logo required

Environ
logo required

Quantum
logo required

Crystal Clear
logo required

MD formulations
logo required



LANAMICHÉ

Love your skin



DIRECTORY
OF TREATMENTS

LANAMICHE OFFER A RANGE OF BEAUTY TREATMENTS AND THERAPIES BY HIGHLY-TRAINED THERAPISTS, USING STATE-OF-THE-ART TECHNOLOGIES AND PRODUCTS.

Whether you suffer from stress, insomnia, headaches or back pain, want to lose inches or improve the way you look and feel, have a skin complaint or just want a relaxing massage, we try to give our customers superior results by using cutting edge beauty therapy products and services.

Day in day out we deliver a range of tried and trusted products and services that suit our customers' individual needs to the highest professional standards.

We can do this because we have a great attitude towards positive teamwork and happiness by providing continual staff development and a great working environment.

The foundations of our business, our core values, are to be progressive, positive and personal. This means we will always be trying to find the latest and best technology solutions for our clients, we will always be optimistic in our outlook and we will treat every single person as an individual.

Please do not hesitate to ask us (in person or by phone or email) if you have any specific questions about our treatments.



At Lanamiché the aim is to make your visit a relaxing, enjoyable and beneficial occasion. I hope that the atmosphere created portrays the friendly nature of the salon, which I feel is essential to complement and enhance your chosen treatment. Continual investment and training ensures that the latest treatments are available, each having been carefully tested. Care and attention is paid to every detail to allow maximum benefit to our valued clients.

Lanamiché retails and uses men's and women's skin care products that have been selected for their superior ingredients and results. Our highly trained therapists will be pleased to answer any questions or give any advice on our range of treatments, so whether you need to lose inches or improve the way you look and feel; whether you suffer from stress, insomnia, headaches or back pain or have a skin complaint or you just want a relaxing massage our therapists will be on hand for all your needs.

Award Winning MD Formulations Salon of Excellence.

Courses booked of ten of any treatments receive one treatment free.

Stockists of Environ, MD Formulations, Vitage, Id Bare Essential Minerals and Opi.

Gift Vouchers

An excellent idea for the person who has everything. Gift vouchers are redeemable against treatments or products.

Appointment Times

Please try to arrive on time for your appointment. If you are late it may be necessary to shorten your treatment so that the next client is able to be seen at her/his allocated time. All times quoted include consultation, preparation time, treatment and vacation of the room.

Cancellation Policy

If you are unable to attend your treatment please give us at least 24 hours notice as we can then give your time to another client. Cancellations under this time will incur a 50% charge. However, if we are able to fill your appointment time you will not be charged.

Deposit

A deposit is required for all bookings over 1hr. We accept the following forms of payment - cash, cheque, credit & debit cards.

Index

	page
Anti Ageing and Rejuvenating Facial Treatments	5
Eye Wrinkle Treatments	11
Eye Lash and Eyebrow Treatments	12
Make-up	12
Relaxation, Massage and Complimentary Therapies	13
Special Packages	15
Body Treatments	16
Waxing	17
Tanning	17
Ellipse Intense Pulse Light Permanent Hair Reduction	18
Ellipse Intense Pulse Light Skin Rejuvenation	19
Ellipse Thread Vein Removal	19
Ellipse Acne Treatments	20
Electrolysis and Specialised Treatments	20
Collagen Replacement Therapy, Line Freezing and Sclerotherapy	21
Hands and Feet	21
Permanent Cosmetics	23
Treatments for Men	25

■ ANTI AGEING AND REJUVENATING FACIAL TREATMENTS

Pick Me - Up Facial | 30mins

A Lanamiché facial for people in a hurry, who want to look their best after work, for an unexpected appointment or as a taster for one of our full facial treatments.

Salon Director £22.00 | **Therapist** £19.00

Serenity Facial | 60mins

A facial which treats the skin holistically using natural herbal essential oils and plant extracts. Fantastic for all skin types and includes a deeply relaxing face, neck and shoulder massage.

Salon Director £34.00 | **Therapist** £29.00

Tranquillity Facial | 90mins

One and a half hours of total pampering, commencing with a relaxing back, neck and shoulder massage finishing with a soothing facial including a half hour face massage to hydrate and refresh the skin.

Salon Director £45.00 | **Therapist** £41.00

Teenage Treats | 30mins

A single facial or a course of treatments to help heal breakouts, remove blackheads and blocked pores, help scar tissues and soothe skin problems. Excellent for restoring both the skin and confidence.

Salon Director £22.00 | **Therapist** £19.00

Aromatherapy Facial Massage | 30mins

A deeply relaxing and soothing therapeutic massage using aromatherapy oils to ease away tissue tension and aid relaxation. Great on its own or link it to a facial treatment without massage.

Salon Director £22.00 | **Therapist** £19.00

MD Formulations Moisture Defence Facial | 60mins

A super-hydrating treatment that recharges skin with essential lipids and moisture-binding elements while powerful antioxidants help intercept skin damaging oxidants that may contribute to future skin damage. Ideal for all skin types including sensitive.

Salon Director £48.00 | **Therapist** £41.00

MD Formulations Facial Peel* (Deep Natural Exfoliating Treatment) | 45mins

A unique treatment to deeply exfoliate skin. Increases skins natural ability to hold moisture and is proven to stimulate collagen production – skin becomes smoother, firmer, younger and brighter. Ideal for sun-damaged, acne or problem skin or a normal skin that needs a boost.

	Salon Director £41.00 Therapist £37.00
Course of 5	Salon Director £193.00 Therapist £175.00
Course of 10	Salon Director £370.00 Therapist £320.00

MD Formulations Deluxe Facial Peel | 60mins

As above but also includes the chest area – one of the first areas to age.

	Salon Director £49.00 Therapist £41.00
Course of 5	Salon Director £231.00 Therapist £195.00
Course of 10	Salon Director £442.00 Therapist £370.00

MD Formulations Facial Peel* (Deep Natural Exfoliating Treatment) | 75mins

A double boosting treatment – a glycolic peel including an enzyme mask to firm, hydrate and exfoliate the skin. Ideal for severely dehydrated/sun damaged skin or acne scarring.

	Salon Director £55.00 Therapist £49.00
Course of 5	Salon Director £263.00 Therapist £225.00
Course of 10	Salon Director £496.00 Therapist £450.00

Alpha Beta Peel*

An enhancing and rejuvenating treatment that quickly and deeply removes dead skin build up creating optimum skin health very quickly. A powerful treatment allowing the skin to shine with a new found radiance. Increases collagen and moisture, resulting in plumper and younger enhanced skin. Ideal for all skin types including Acne, Congested and Pigmented skins.

*An MD Formulations cream must be used for 2 weeks prior to treatment.

	Salon Director £548.00 Therapist £45.00
Course of 5	Salon Director £240.00 Therapist £210.00
Course of 10	Salon Director £432.00 Therapist £405.00

Vit-A-Plus Age Control Skin Care Facial | 60mins

Advanced vitamin A technology works together with vitamin E beneath the skins surface to help diminish the appearance of fine lines and wrinkles. Skin texture is revitalised and renewed for healthier younger looking skins.

	Salon Director £49.00 Therapist £41.00
--	--

Vitage Facials

Introducing the Vitage advanced antioxidant skincare range – the “superceutical” skin revolution. Exclusive to the UK, Vitage contains Idebenone, the world’s most potent antioxidant.

Vitage Enzyme Lifting Facial | 60mins

An instant radiance, beauty booster. This unique face mask is used in conjunction with vitamins A, C and E, Green Tea and Hyaluronic Acid to naturally lift, decongest and hydrate the skin. Circulation is boosted and skin clarity and firmness improve refining facial contours. Ideal as a special occasion facial. A course of 6 facials are recommended for optimum results.

Course of 6

Salon Director £49.00 | **Therapist** £41.00
Salon Director £246.00 | **Therapist** £206.00

Vitamin C Facial Antioxidant Facial | 60mins

Potent Vitamin C is vital to maintain skin health and function. This treatment helps to firm, tone and even out the skins appearance. Ideal for ageing and environmentally stressed skin and skins requiring that extra boost. Especially recommended during pregnancy, post illness, an ideal pick me up.

Salon Director £50.00 | **Therapist** £46.00

Bio-Therapeutic Non-Surgical Face Lift | 60mins

This facial uses a micro-current to re-programme muscles. A relaxing facial which tightens, lifts and revitalises muscles, giving amazing results after just one treatment. For longer lasting results a course of six-twelve treatments and a monthly maintenance program are recommended.

Course of 6
 Course of 12

Salon Director £44.00 | **Therapist** £40.00
Salon Director £211.00 | **Therapist** £194.00
Salon Director £422.00 | **Therapist** £387.00

Crystal Clear Micro-epidermal Skin System | 30mins

The Success of the crystal clear treatment lies in its ability to treat such a wide variety of skin problems from fine lines and wrinkles to acne scarring. This is achieved when a fine stream of crystals is gently propelled onto the skin’s surface. At the same time exfoliated skin and used crystals are hygienically vacuumed away. More advanced than standard skin resurfacing treatments crystal clear microdermabrasion is proven to dramatically and visibly improve the texture and appearance of the skin. A course of five to ten treatments is recommended for maximum benefits.

Course of 5
 Course of 10

Salon Director £42.00 | **Therapist** £35.00
Salon Director £189.00 | **Therapist** £160.00
Salon Director £336.00 | **Therapist** £300.00

Crystal Clear Deluxe Facial | 60mins

A gentle exfoliation facial using a specialised treatment mask to enhance the benefits of the crystal clear treatment. A mask that firms, smoothes, deep cleanses and lifts. Gives an instantaneous visible difference leaving the skin moisturised and fine lines and wrinkles reduced. Clinical trials show a 40% improvement in the reduction of wrinkles.

Course of 5
Course of 10

Salon Director £52.00 | **Therapist** £45.00
Salon Director £250.00 | **Therapist** £215.00
Salon Director £445.00 | **Therapist** £400.00

O-Lys Light Therapy Lines and Wrinkles Facial | 60mins

Light Therapy is a revolutionary treatment for fine lines and wrinkles, using wavelengths of cold light that are applied via fibre optics. Enzymes and botanical concentrates are used to help strengthen collagen and elastin fibres. This deep cleansing facial fights free radicals, feeds and protects deep into the skin, helping to stimulate cell rejuvenation reducing lines and wrinkles and dramatically slowing down the ageing process. A course of ten is recommended for maximum benefit.

Course of 10

Salon Director £54.00 | **Therapist** £45.00
Salon Director £480.00 | **Therapist** £400.00

O-Lys Pre-Holiday / Post-Holiday Facials | 60mins

Pre-holiday treatment is an excellent way to prepare the skin for the elements and protect against UVA/UVB damage, the major cause of premature ageing. Post holiday treatment will help to repair and heal any skin damage caused by the elements. This treatment will nourish, feed and strengthen connective tissues, rehydrate the skin and stimulate cell regeneration.

Combined

Salon Director £54.00 | **Therapist** £45.00
Salon Director £96.00 | **Therapist** £80.00

O-Lys Sensitive Facial | 45mins

Ideal for de-sensitising the skin. Using botanical concentrates to help inflamed skins, shaving rash, thread veins, allergies, sunburn and eczema.

Salon Director £39.00 | **Therapist** £35.00

O-lys Light Therapy & Bio-Therapeutic Non-Surgical Face Lift | 75mins

A combination of two great facials giving ultimate results.

Course of 10

Salon Director £72.00 | **Therapist** £60.00
Salon Director £648.00 | **Therapist** £540.00

Caci-Quantum Non-Surgical Face Lift | 60mins

The award winning Caci has always been the most publicised treatment, but with the introduction of Caci Quantum the salon treatments are even better. Advanced micro-current technology is used to retard the ageing process, keeping skin youthful and glowing, softening lines and wrinkles and re-educating facial muscles. Great treatment for eyes, cheeks and jaw lines. For maximum benefit a course of ten treatments and a monthly maintenance program are recommended.

Course of 10 **Salon Director** £48.00 | **Therapist** £40.00
Salon Director £400.00 | **Therapist** £360.00

Caci Futurtec Facial – Skin regenerator System | 60mins

This is the next generation in facial treatments combining laser, micro-current, ultrasound and vacuum. This facial can treat just about every skin type and problem giving fantastic results.

Course of 10 **Salon Director** £62.00 | **Therapist** £58.00
Salon Director £520.00 | **Therapist** £490.00

Caci Lymphatic Drainage Facial | 30mins

A sophisticated piece of equipment which effectively improves general lymphatic drainage removing toxins and waste products. A sequential system which works in synergy with your own individual heartbeat to reduce excess fluid and puffiness.

Salon Director £30.00 | **Therapist** £25.00

Environ Facials

Dr Des Fernandes, renowned South African plastic surgeon, has developed Environ- a range of treatments and homecare products. Through his years of work treating acne, scarring, pigmentation and photo-ageing he has discovered the key to solving skin problems by using high doses of active vitamins A,C, E and Beta-Carotene applied topically to the skin. The 21st Century environment constantly diminishes the skin's vitamin A resources, which, says Dr Fernandes, is the root cause of many skin problems. Any form of light exposure destroys Vitamin A and in order to treat, restore and maintain a healthy skin we need to replace these vitamins daily. With salon treatments more intense results are achieved by using either conventional galvanic currents or "sonophoresis". Vitamin absorption can be increased by 400% with a galvanic current but the latest development enables 4000% greater penetration by using "sonophoresis". Environ's unique patented ionzyme machine is the first in the world to provide this penetration and as such can give visible results after only two treatments.

Masque Crystal | 60mins

For lines, wrinkles, sagging, sun damage, pigmentation and scarring. High levels of vitamin C are used to soften fine lines and scars to a degree that is a real alternative to surgery. Using sonophoresis specific areas such as eyes, lips, neck and forehead can be intensively targeted during the treatment. Pigmentation is also effectively corrected with this method. A fantastic treatment.

Course of twelve treatments including two specific areas and one Environ product

Salon Director £495.00 | **Therapist** £450.00

Each extra course of 12 intensive areas

Salon Director £50.00 | **Therapist** £45.00

Single treatments

including 2 intensive areas

Salon Director £50.00 | **Therapist** £45.00

Single intensive areas

Salon Director £8.00 | **Therapist** £6.00

Environ Vitamin Facial | 60mins

A facial which maintains and repairs the skin by replenishing light-sensitive vitamins and other essential skin nutrients. Fantastic for fine lines and wrinkles, scarring, acne, sun-damage and pigmentation. Ideal for maintenance after a course of masque crystal.

Book a course of ten and receive one free treatment.

Single treatment using sonophoresis

Salon Director £58.00 | **Therapist** £50.00

Extra intensive areas

Salon Director £8.00 | **Therapist** £6.00

Environ Vitamin Peel & Bio-Therapeutic Non-Surgical Face Lift | 90mins

A combination of two great facial to give optimum results.

Salon Director £72.00 | **Therapist** £68.00

Lactogel Peeling System | 45mins

A great treatment for acne, congestion and severely sun damaged skin. A gentle peeling system which offers brilliant results. For maximum benefits a course of six treatments are recommended.

Course of 6

Salon Director £42.00 | **Therapist** £38.00

Salon Director £222.00 | **Therapist** £198.00

Environ Roll Cit - a revolutionary design from Environ

Roll-Cit allows increased penetration of vitamins into active layers of the skin. When applied it causes micro-channels into the horny surface of the skin allowing the active ingredients in environs skincare to work much deeper and more effectively than simply applying the products to the surface. Roll-cit helps to restore skin tightness, plumping of the skin, softening of fine lines, cause scarring to be less obvious and speed up the disappearance of pigmentation marks. Roll-Cit is for home use intensifying overall results of salon treatments.

£395.00

EYE WRINKLE TREATMENTS**Crystal Clear Eye Treatment | 30mins**

This treatment can help to lift and smooth the delicate skin around the eye creating a look that is a noticeably younger and fresher you. Pads impregnated with chitosan (an ingredient that comes from shellfish) are used which can also help with dark circles and puffiness. This can be incorporated into any facial or have it just on its own.

Salon Director £31.00 | **Therapist** £26.00

De-Stress Wrinkles Eye Treatment | 30mins

Pure freeze dried collagen helps alleviate the problem of wrinkles. It intensively hydrates and plumps helping to reduce the appearance of fine lines. The use of Ginkgo Biloba as an active ingredient helps to protect against free radicals. This can be incorporated into any facial or have it just on its own.

Salon Director £31.00 | **Therapist** £26.00

MD Formulations Eye Treatment | 30mins

A mild organic fruit acid is used to speed up exfoliation and rejuvenation of your skin cells, combined with a relaxing and decongesting massage around the eye area. Vit-A-Plus eye cream must be used for a minimum of two weeks prior to this treatment.

Salon Director £32.00 | **Therapist** £27.00

■ EYE LASH AND EYEBROW TREATMENTS

Eyebrow Shaping | 15mins

Great for defining the brow.

Salon Director £9.00 | **Therapist** £8.00

Eyelash Tinting

Great for swimmers, people who are allergic to makeup and contact lenses wearers. Darkens and lengthens the lashes.

Salon Director £13.50 | **Therapist** £11.50

Eyebrow Tinting

Darkens and defines the brow.

Salon Director £9.00 | **Therapist** £8.00

Eye Lash Perming

Eyelash perming is used to curl the lashes for long lasting results.

Salon Director £31.00 | **Therapist** £26.00

■ MAKE-UP

At Lanamiche we use Id Bare Essentials Minerals

Id Bare Essentials – so pure you can sleep in it. Pure crushed minerals from the earth free from additives that can irritate sensitive skin. Cosmetic surgeons often recommend it to their clients following facial surgery because of its soothing and calming properties. Foundation that works wonders yet looks like beautiful bare skin. It will give you unprecedented coverage and enhance your skins true luminosity for a radiance that's a 100% real.

Cleanse and make-up | 45mins

Ideal for that special occasion. Our therapist will cleanse and tone the skin before applying a moisturizer to give you a faultless base and ensure a long lasting make-up application.

Salon Director £32.00 | **Therapist** £28.00

Make-up Lesson | 60mins

Tips and ideas from one of our specialists on basic make-up techniques and evening make-ups.

Salon Director £39.00 | **Therapist** £36.00

Colour Analysis | 60mins

A great way to find out which colours suit you most and to look your best at all times.

£40.00

Bridal/Special Occasion Make-up | 60mins

For this special occasion a professional make-up will ensure you look good throughout the day and forever in your photographs. Includes a trial make-up and one on the morning of your special day. Home visits are available. Please ask for prices

Additional charges will be implemented for Sundays and Bank Holidays.

Salon Director £60.00 | **Therapist** £53.00

Bridal Package

A Bridal Make-Up and an Essential Manicure.

Salon Director £71.00 | **Therapist** £65.00

Deluxe Bridal Package

A Bridal Make-Up, a Serenity Facial (1-2 weeks prior), Eyebrow Shape and Essential Manicure.

Salon Director £105.00 | **Therapist** £95.00

RELAXATION, MASSAGE AND COMPLIMENTARY THERAPIES

These treatments are designed to give you a break from the rigours of life and to improve your mental and physical health. Massage promotes a sense of well-being to leave you calm and relaxed.

Aromatherapy Back Massage | 30mins

Aromatherapy for when stress and tension are at their peak. The ideal solution for areas of the back, neck and shoulders where tension accumulates. Dissolve the stress with a deeply relaxing massage using pure aromatherapy oils.

Salon Director £25.00 | **Therapist** £22.00

Aromatherapy Massage with Diagnostic Reflexology | 90mins

An extremely relaxing and de-stressing massage specially designed to suit the individual. Beginning with reflex points to help us choose the best oils for you and commencing with soothing relaxing massage which includes scalp face and body. A perfect antidote to a stressful lifestyle as it relaxes the mind, lifts the spirit and generally restores the bodies equilibrium.

Salon Director £54.00 | **Therapist** £49.00

Swedish Body Massage | 60mins

An extremely deep, invigorating massage to de-stress and help alleviate tight aching muscles. A special balm of essential oils is used to ensure maximum benefits.

Salon Director £41.00 | **Therapist** £38.00

Swedish Back Massage | 30mins

An extremely deep, invigorating massage to de-stress and help tight aching muscles of the back neck and shoulders. A special balm of essential oils is used to ensure maximum benefits.

Salon Director £25.00 | **Therapist** £22.00

Indian Head Massage | 30mins

A centuries old head, neck and shoulder massage technique. Ideal for the relief of stress and tension as well as aches and pains.

Salon Director £29.00 | **Therapist** £25.00

Reflexology | 60mins

An ancient Chinese art that uses the thumb and fingers on reflex points in the feet to stimulate corresponding glands and organs in the body to help keep the body's systems operating at peak efficiency.

Single £40.00 | **Course of 6** £220.00

Hopi Ear Candles | 30mins

A treatment used for centuries by American Indians to assist in treating sinus problems, asthma, headaches and migraines.

Salon Director £35.00 | **Therapist** £30.00

Deluxe Hopi Ear Candles | 60mins

As above and also includes a relaxing pressure point massage to reinforce the effects of the ear candles.

Salon Director £60.00 | **Therapist** £55.00

Hot Stone Therapy Body Massage | 60mins

Stone therapy relaxes the body at its deepest levels, the whole balance of the body is restored. A wonderful tranquil experience using warm basalt stones, essential oils and massage. Total relaxation!

Salon Director £51.00 | **Therapist** £46.00

Hot Stone Therapy Back Massage | 30mins

Stone Therapy relaxes the muscles of the back, neck and shoulders at their deepest levels. A wonderful tranquil experience using warm basalt stones, essential oils and massage.

Salon Director £33.00 | **Therapist** £27.00

SPECIAL PACKAGES**Ultimate Indulgence | 4 hours**

Begin your day by unwinding with a relaxing body massage and a customised facial to suit the needs of your skin. A light make-up will then be applied to compliment your facial and a luxury manicure and pedicure will leave your feet and hands feeling soft smooth and refreshed.

Salon Director £150.00 | **Therapist** £130.00

Ultimate Indulgence Plus | 4½ hours

Begin your day of ultimate indulgence with a relaxing body massage. Our therapist will then choose a customised facial for you this will be complimented by a De-Stress Wrinkles Eye treatment and finished with an application of light make-up. An Essential manicure and pedicure will leave your hands and feet feeling soft smooth and refreshed. A complimentary half bottle of Champagne is included within this package.

Salon Director £176.00 | **Therapist** £165.00

Pre-Holiday | 2½ hours

St Tropez cream tan with an eyelash tint and essential manicure.

Salon Director £78.00 | **Therapist** £63.00

A fusion of Serenity | 2½ hours

A holistic treatment which includes the benefits of an aromatherapy massage and a serenity facial leaving you with an inner feeling of well being.

Salon Director £83.00 | **Therapist** £73.00

All the special packages can be adjusted to suit male requirements

BODY TREATMENTS

MD Formulations Natural Deep Exfoliating Back Cleanse | 30mins

Designed to freshen, invigorate and deeply cleanse the back. The back is cleansed, naturally exfoliated, a mask applied and massaged to stimulate circulation. Skin is left clearer and brighter.

Salon Director £26.00 | **Therapist** £23.00

Body Polish | 45mins

Polish is the key work for this deep cleansing exfoliating treatment. Feel stress melt away as skin is massaged and gently exfoliated, then moisturised. Skin is left clearer, softer and brighter. Ideal before holidays and self tanning.

Salon Director £33.00 | **Therapist** £30.00

Caci Cellulite Treatment | 30mins

A powerful electro-cellulite treatment for fluid retention and stubborn fatty areas, such as thighs and buttocks. This achieves rapid inch reduction as it contours, trims and detoxifies surrounding lymph underlying muscles.

Salon Director £30.00 | **Therapist** £25.00

Course of 10 (saves £50.00)

Salon Director £250.00 | **Therapist** £200.00

Caci Lymphatic Treatment | 45mins

Working in harmony with the body's own bio-electrical field, specific waveforms and frequencies eliminate toxins and excess fluid retention. An exceptional treatment for detoxification.

Salon Director £35.00 | **Therapist** £30.00

Course of 10 (saves £50.00)

Salon Director £300.00 | **Therapist** £250.00

Caci Bust Treatment | 30mins

Working on the muscles and tissue surrounding the bust. This treatment will give incredible toning and firming action with a visible lift.

Salon Director £30.00 | **Therapist** £25.00

Course of 10 (saves £50.00)

Salon Director £250.00 | **Therapist** £200.00

WAXING

At Lanamiché we use organic tea tree wax which offers pain relief and helps to eliminate redness and in-growing hairs. A soothing after wax of tea tree and Lavender will nourish and act as an anti-inflammatory.

Treatment	Salon Director	Therapist
Full Leg	£29.00	£25.00
Ankle to Knee	£17.00	£15.00
³ / ₄ Leg	£22.50	£19.50
Bikini	£9.50	£8.50
G-String	£17.00	£15.00
Brazilian	N/A	£32.00
Hollywood	N/A	£35.00
Underarm	£9.00	£8.00
Forearm	£13.00	£11.00
Upper and Chin	£11.00	£9.00
Upper Lip or Chin	£6.50	£5.50
Eyebrow Wax	£9.00	£8.00

Please be advised to avoid perfumed products, swimming, sun beds and heat treatments 24 hours before and after treatments.

PHD Waxing

A Professional, Hygienic and Disposable form of waxing - a unique waxing system. Please ask for prices.

TANNING

St Tropez Cream Tanning

This tanning treatment has always been a favourite with of long list of celebrities. St Tropez has a pleasant smell and also gives a spectacular natural looking colour. Its high content of Aloe Vera allows for the richest longest lasting tan.

Half Body	Salon Director £24.00 Therapist £22.00
Full Body	Salon Director £43.00 Therapist £40.00

St Tropez Air Brushing

A real alternative to sun and sun beds and their harmful effects. Airbrushing is a perfect way to obtain a natural looking tan.

Half Body	Salon Director £26.00 Therapist £24.00
Full Body	Salon Director £45.00 Therapist £44.00

ELLIPSE INTENSE PULSE LIGHT PERMANENT HAIR REDUCTION

Get rid of unwanted hair quickly, safely and virtually without pain. An Intense Pulse Light system clinically proven permanent hair reduction, the latest technology that not only removes hair but also impairs the growth over time, so that the hair grows back both slower and finer. 4-6 treatments are required and the intervals between treatments are typically 1-3 months. A fantastic treatment that really works!

Treatment	Salon Director	Salon Director	Therapist	Therapist
	Single from	Course of 6 from	Single from	Course of 6 from
Abdomen	£102.00	£510.00	£100.00	£500.00
Back	£142.00	£710.00	£140.00	£700.00
Breasts Single	£142.00	£710.00	£140.00	£700.00
Bikini Single	£152.00	£760.00	£150.00	£750.00
Buttocks Single	£152.00	£760.00	£150.00	£750.00
Brazilian	£230.00	£1150.00	£225.00	£1125.00
Cheeks Single	£103.00	£515.00	£100.00	£500.00
Chest Single	£142.00	£710.00	£140.00	£700.00
Chin Single	£87.00	£435.00	£85.00	£425.00
Extended Bikini Line	£197.00	£985.00	£195.00	£975.00
Feet Single	£122.00	£610.00	£120.00	£600.00
Forearms Single	£162.00	£810.00	£160.00	£800.00
Hollywood	£250.00	£1250.00	£245.00	£1225.00
Neck (Front) Single	£122.00	£610.00	£120.00	£600.00
Lower Leg Single	£304.00	£1520.00	£300.00	£1500.00
Thighs Single	£354.00	£1770.00	£350.00	£1750.00
Underarms Single	£142.00	£810.00	£140.00	£700.00
Upper Arms Single	£162.00	£710.00	£160.00	£800.00
Upper Lip Single	£82.00	£410.00	£80.00	£400.00

All Areas can be treated. Prices on consultation.

Consultations are without charge and are free from obligation. A patch test must be carried prior to treatment at a charge of £25.00, which is redeemable against your first Ellipse treatment.

Treatments for men are available – prices on consultation

ELLIPSE SKIN REJUVENATION

Most people would like to keep a young and fresh look forever.

This is not easy, as our skin ages due to excessive sun exposure and decreased production of collagen. Skin rejuvenation treatment with Ellipse helps you keep a younger and fresher look. The safe, visible light emitted from the Ellipse flash-lamp makes your face look smoother by removing age spots and diffuse redness and by improving your skin texture. Uneven pigmentation is also reduced. Many women report that it becomes easier to apply make-up.

Treatment	Salon Director	Therapist
Whole Face	£405.00	£400.00
Jaw Line	£300.00	£395.00
Neck	£155.00	£150.00
Chest	£200.00	£195.00
Hands	£155.00	£150.00
Face and Neck	£380.00	£375.00
Face, Neck and Chest	£480.00	£475.00
Spot Areas	£80.00	£75.00

Between 1-3 treatments are advised for maximum benefits

Get a 20% discount when you book 3 treatments

ELLIPSE THREAD VEIN REMOVAL

You don't have to try to cover your thread veins anymore. Ellipse uses short, safe bursts of light emitted from a flash-lamp to quickly remove those thin veins (technically called telangiectasias) from your face and legs.

Treatment	Salon Director	Therapist
Red Vein	£155.00	£150.00
Follow Up Treatment	£105.00	£100.00
One Area	£55.00	£50.00

■ ELLIPSE ACNE TREATMENT

There are many myths about the cause of acne. Some people think that the incidence of acne is higher if you eat foods like chocolate or French fries. Others think that the presence of acne is due to poor hygiene. Neither is true.

Acne is caused by the body's increased production of the hormone androgen (produced by both men and women), which stimulates the sebaceous glands to produce more oil. The increased production of oil causes the pores to become blocked, so that the oil itself is an infection caused by skin bacteria that feed on the break down of this oil.

As the bacteria multiply, waste products and sebacic acid are created, and the sebaceous gland becomes inflamed – causing what is known as a blackhead, a whitehead or a pimple.

But now – with the clinically tested and safe Ellipse treatment – help is at hand. Four treatments are advised for maximum benefits 3 weeks apart.

Treatment	Salon Director	Therapist
Cheeks	£95.00	£90.00
Course of 4	£370.00	£360.00
Forehead	£95.00	£90.00
Jaw Line	£95.00	£90.00
Full Face	£185.00	£180.00
Course of 4	£610.00	£600.00
Chest	Price on application	
Back	Price on application	

■ ELECTROLYSIS AND SPECIALISED TREATMENTS

For the permanent removal of unwanted hair by using a heat which is released at the base of the hair follicle, which destroys the blood supply to the hair. After each treatment the hair becomes finer and less noticeable. The amount of treatment required depends on the thickness of the hair and its cause. Unwanted hair is a personal problem – we invite you to come into the salon for a free private consultation with one of our specialists. Consultations are without charge and are free of obligation.

15 mins	Salon Director £12.00 Therapist £10.00
30 mins	Salon Director £22.00 Therapist £18.00

Thread Vein and Spider Naevi Removal | 15 mins

This is excellent news for sufferers of thread veins. A non-invasive procedure to remove unsightly red veins with just the touch of a fine probe on the skins surface.

Salon Director £32.00

Skin Tag Removal | 15 mins

Small skin coloured growths usually found on the neck area can be safely and effectively removed using diathermy.

Salon Director £40.00

White head Removal (Milia) | 15 mins

Hard white spots commonly found on the face can be safely and effectively removed.

Salon Director £17.00

Caflon Sterile Ear Piercing | 15mins

Using surgical steel coated in 24 carat gold or sterling silver. Price includes earrings.

Salon Director £15.00 | **Therapist** £13.00

COLLAGEN REPLACEMENT THERAPY, LINE FREEZING AND SCLEROTHERAPY

Age lines are a result of loss of collagen. It is now possible to restore damaged collagen by injecting Collagen or Restylane into your skin to supplement your body's own loss and thereby filling out lines. All our cosmetic enhancement treatments are carried out by an experienced Doctor who is specialised in this field. Line freezing and Sclerotherapy are also available. Prices available on request.

HANDS AND FEET

At Lanamiche we use only the best nail care products. Opi nail envy is used in every treatment to fortify and strengthen all types of nails. Opi avoplex range of products are used which contain advanced avocado lipids to soothe and protect the skin.

File and Gloss | 15mins

Includes shaping of the nails and an application of nail polish. (Add £1.50 if French Polish is required)

Salon Director £11.00 | **Therapist** £9.00

Essential Manicure | 30mins

Includes shaping of the nails, cuticle treatment, a hand massage and nail polishing.

Salon Director £20.00 | **Therapist** £18.00

French Manicure

Choose any manicure and add £1.50 to the price for a French Polish. Just mention it when booking your appointment.

Luxury Manicure | 45mins

Includes shaping of the nails, cuticle treatment, hand and arm massage and nail polishing.

Salon Director £23.00 | **Therapist** £21.00

Supreme Luxury Manicure | 45mins

Includes shaping of the nails, cuticle treatment, hand and arm massage and heat. A more intense treatment to relax and aid the absorption of creams.

Salon Director £27.00 | **Therapist** £25.00

MD Formulations Natural Exfoliating Hand Treatment | 45mins

A unique anti-aging treatment to help combat the visible signs of ageing. Age spots, dry creepy skin tissue, and loss of elasticity are dramatically improved. Hands are cleansed, naturally exfoliated and massaged with vitamin A enriched cream to repair and renew.

Salon Director £29.00 | **Therapist** £26.00

MD Formulations Natural Deep Exfoliating Hand Treatment | 60mins

Using high strength glycolic acid solution for deeper exfoliation. Amazing results after just one treatment. A glycolic hand and body cream must be used for 2 weeks prior to treatment. Great for age spots, dry dehydrated and sun-damaged hands.

Salon Director £40.00 | **Therapist** £35.00

File and Gloss Toes | 20mins

Include shaping of the nails and an application of polish.

Salon Director £10.50 | **Therapist** £9.50

Essential Pedicure | 45mins

Incorporating a therapeutic foot spa, shaping of the nails, cuticle treatment, hard skin removal, foot massage and polish. (Add £1.50 if French Polish is required).

Salon Director £24.00 | **Therapist** £22.00

French Pedicure

Choose any pedicure and add £1.50 to the price for a French polish. Just mention it when booking your appointment.

Luxury Pedicure | 60mins

Incorporating a therapeutic foot spa, shaping of the nails, cuticle treatment, soothing foot and leg massage and heat to aid penetration of the treatment creams and a polish.

Salon Director £34.00 | **Therapist** £30.00

Supreme Luxury Pedicure | 75mins

Incorporating therapeutic foot spa exfoliation of feet and lower legs, shaping of the nails, cuticle treatment, hard skin removal, a cooling, invigorating foot mask, a foot and lower leg massage finishing with a skin smoother to protect and hydrate and a polish.

Salon Director £41.00 | **Therapist** £38.00

MD Formulation Natural Exfoliating Foot Treatment | 45mins

Gives great improvement to one of our most neglected areas. Ideal for dry cracked and hardened skin. Feet are cleansed, exfoliated and softened with deep nourishing glycolic pedi-cream. Includes relaxing foot spa, nail shaping, hard skin removal and polish.

Salon Director £32.00 | **Therapist** £30.00

MD Formulation Deep Natural Exfoliating Foot Treatment | 60mins

As Above with a high strength Glycolic acid solution for a deeper exfoliation. Great for the treatment of hard skin!

Salon Director £39.00 | **Therapist** £37.00

PERMANENT COSMETICS

Permanent cosmetics gently and naturally to give definition to your features so that you feel confident and look good with or without make-up on. The process involves applying a natural hypoallergenic pigment into the skin. The procedure is tailored to suit your tastes and requirements.

If your eyebrows are thin or sparse, too light in colour or not your ideal shape, you will be amazed at how much professionally shaped permanent eyebrows can make a difference to the overall appearance of your face. The lip treatments can give back definition and colour to the lips, which can fade as we get older. Eye treatments will make eyelashes appear thicker and eyes will become more defined.

Salon Director consultation redeemable on treatment | £35.00

Eyebrows

Scars in brow	£115.00
Part brow	£215.00
Powder brow	£295.00
Redesign advanced natural hair stroke brow	£375.00
Redesign advanced 3D brows	£395.00

Eyeliner

Lash enhancement - bottom	£225.00
Lash enhancement - top	£275.00
Lash enhancement - top & bottom	£400.00
Lash enhancement & eyeliner	£425.00
Lash enhancement and part shaded eyeliner	£450.00
Lash enhancement and intense eyeliner	£475.00
Lash enhancement and shaded eyeliner	£475.00

Lips

Lip contour fine line	£275.00
Lip contour	£325.00
Lip contour with a defined blend	£375.00
Lip blush	£425.00
Lips redefined with contour and lip blush	£475.00
Lips full colour (in addition to above)	£200.00

Beauty spot

Cheeks or above top lip	£ 75.00
-------------------------	---------

All the above prices include one retouch procedure within 3 months of the initial procedure. If you wanted a 'Colour Boost' within 18 months, we charge half the original price per session.

Full Face

Including any treatment from the Eyebrows, Eyeliner and Lip sections. When you book 3 treatments or more all together, you receive a 10% discount off the total amount.

TREATMENTS FOR MEN

Facials

All our facials are customised to suit individual skin types and needs.

Gentleman's Manicure | 30mins

Includes shaping of the nails, cuticle treatment and a hand massage.

Salon Director £20.00 | **Therapist** £18.00

Executive Manicure | 45mins

A more intensive hand and nail treatment with the use of heat to relax and aid the absorption of creams.

Salon Director £25.00 | **Therapist** £23.00

Gentleman's Pedicure | 45mins

Incorporates an invigorating foot spa, exfoliation, nail and cuticle treatment and a lower foot and leg massage.

Salon Director £33.00 | **Therapist** £29.00

Executive Pedicure | 60mins

Incorporating a relaxing foot spa, exfoliation of the feet and lower legs, nail and cuticle treatment, soothing foot and lower leg massage and heat treatment to aid absorption of creams.

Salon Director £32.00 | **Therapist** £28.00

Back or Chest Waxing

Lanamiche uses organic tea tree wax which offers pain relief and helps to eliminate redness and in growing hairs. A soothing after wax of tea tree and lavender will nourish and act as an anti inflammatory.

Salon Director £19.00 | **Therapist** £17.00

Ellipse Intense Pulse Light Permanent Hair Removal for Men prices on application
